

Ann Newman Preschool and Infant Center

Guidance for Reopening After
COVID-19 Closures
July 9, 2020

Ann Newman Preschool and Infant Center Guidance for Reopening

The reopening guidelines for the Ann Newman Preschool and Infant Center are intended to ensure the health and safety of the preschool staff, children, and families. Please be aware that these guidelines are fluid and are subject to change depending on the needs of our community and as we receive new or updated guidance from local, state, and federal agencies. Specific guidelines for reopening procedures are organized into the following categories.

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Overview of Social Distancing Practices¹

Temple Sinai is actively working with our local health officials in creating a set of best practices to help protect all members of our community, while also providing our children a safe, welcoming, and engaging atmosphere. At a very basic level, our school will follow the below practices:

- To the greatest extent practicable, classes will consist of the same group of children and staff each day. Classes will be limited to a small size: considering CDC recommendations for social distancing and ensuring that staff-to-student ratios will be in compliance with State requirements by student age. If a teacher becomes ill or is otherwise unable to work with a specific class on a given day, we will assign a different staff member, trained in all of our policies and procedures, to assist in that class. In all situations, we will make every reasonable effort to avoid staff members moving among different groups of children.
- For the foreseeable future, our school will not hold any in-person school-wide or multiple-class special events such as holiday celebrations, performances, and activities. That said, we are actively considering virtual options for our children to participate as a school community in Shabbat, Havdalah, and other special weekly activities such as music and Hebrew class.
- Any individual (child or staff member) who has a fever of 100.4°F (38.0°C) or above, or who demonstrates other signs of illness (cough, shortness of breath, or diarrhea), will not be admitted into the building. We ask that parents partner with us to be on alert at home for signs of illness in their child or anyone else in their household, and to report that information to the School Director so that we can appropriately assess the situation and determine how best to keep all of our children, families, and staff members safe and healthy.

¹ These practices are derived from the CDC's recommendations, as set forth in ["Guidance for Child Care Programs that Remain Open: Supplemental Guidance,"](#) last updated April 21, 2020.

Procedures for Arrival and Dismissal²

Preschool staff will utilize the following procedures each day for the arrival and departure of children.

General Procedures for Both Arrival and Dismissal

- There will be three separate arrival/departure locations. Each family will be assigned to an **outdoor** drop off/departure location that will remain their designated location each day, unless otherwise communicated. Families with multiple children across different age groups will be assigned to one drop off/departure location. The designated arrival/departure locations are:
 - The main entrance for toddlers and 2-year-olds
 - The preschool entrance for 3- and 4-year-olds
 - The back entrance (by the kitchen) for the Infant Center.
- If feasible, we recommend that the same parent or designated caregiver drop off and pick up their child(ren) every day.
 - Parents/caregivers must wear a face covering, which covers their noses and mouths³, during arrival and dismissal.
 - We recommend that older individuals (e.g., grandparents) or those with serious underlying medical conditions *not* pick up children, as they are at higher risk for severe illness from COVID-19.
- Although we strive to have an “open door policy” for our families, in our effort to protect the school environment, for the foreseeable future, **a child’s parents or caregivers will NOT be permitted to enter the school wing, absent extraordinary circumstances to be determined the School Director or her designee.** The FOB system will not be operational.

² These procedures are derived from the CDC’s recommendations, as set forth in ["Guidance for Child Care Programs that Remain Open: Supplemental Guidance."](#) last updated April 21, 2020, and ["Guidance for Child Care Providers Caring for Children of Essential Personnel During COVID-19,"](#) distributed March 25, 2020.

³ See ["Order of the Secretary of the Pennsylvania Department of Health Requiring Universal Face Coverings."](#) issued July 1, 2020.

Arrival

1. Upon arriving at Temple Sinai, parents/caregivers will wait in a carpool line by their designated arrival/departure location.
2. Parents/caregivers will wait in their respective vehicles with their child(ren) until it is their child(ren)'s turn to be screened and checked-in by the staff member ("Designated Staff Member") stationed at their family's arrival/departure location, as set forth below:
 - a. The first family to arrive in the carpool line will leave their vehicle parked in the carpool line, and the parent/caregiver will escort their child(ren) to the building's entrance, where the family will be greeted by the Designated Staff Member, who will screen and check-in each child, as described in subsection 5, below.
 - b. Once this occurs, the second family to arrive at the carpool line may exit their parked vehicle and walk part of the way to the entrance, waiting at least 6 feet behind the first family, until the Designated Staff Member indicates that they are ready to greet the second family.
 - c. The third family to arrive in the carpool line must wait in their vehicle until the Designated Staff Member has begun screening/checking-in the second family. At that point, the third parent/caregiver may take their child(ren) out of the car and walk part of the way to the building entrance, waiting at least 6 feet behind the second family, until the Designated Staff Member indicates that they are ready to greet the third family.
 - d. This pattern will continue through the carpool line at each entrance.
3. The Designated Staff Member stationed at each arrival/departure location will have washed their hands prior to arriving at the designated arrival/departure location, and will wear a face mask the entire time stationed there. The Designated Staff Member will use alcohol-based hand sanitizer in between screening/signing-in each family.
4. At each designated arrival/departure location, the Designated Staff Member will screen each child following the procedures outlined below.
5. The Designated Staff Member will ask the parent/caregiver whether:

- a. The child(ren) or anyone in the child(ren)'s household(s) has/have exhibited any of the following symptoms within the past 72 hours:
 - Fever (100.4°F [38.0°C] or higher)
 - Cough
 - Shortness of breath
 - Diarrhea
 - b. Whether the child(ren) or anyone in the child(ren)'s household(s) has had known unprotected (i.e., without personal protective equipment) exposure to someone who has tested positive for COVID-19 within the past 14 days.
 - c. Whether, within the past 14 days, the child(ren) or anyone in the child(ren)'s household(s) has traveled outside the country, on a cruise ship, or to one of the states identified by the Pennsylvania Department of Health as having high numbers of COVID-19 cases.⁴
6. If a parent/caregiver answers “**yes**” to any of the above questions, the child(ren) will not be permitted to enter the school building until:
- a. If the child or member of the child's household(s) has exhibited symptoms or had known unprotected exposure:
 - The child(ren) has a negative COVID-19 test; **OR**
 - A signed doctor's note indicating that the child(ren) are cleared to return to school; **OR**
 - Until 10 days have passed since the onset of symptoms, and with no fever or symptoms in the last 72 hours.
 - b. If any child or member of the child's household(s) has traveled outside the country, on a cruise ship, or to one of the states identified by the

⁴ See CDC Guidelines "[Global COVID-19 Pandemic Notice.](#)" last reviewed June 5, 2020; CDC Guidelines "[COVID-19 and Cruise Ship Travel.](#)" last reviewed April 20, 2020; PA Department of Health Guidelines "[COVID-19 Information for Travelers.](#)" last updated July 2, 2020.

Pennsylvania Department of Health as having high numbers of COVID-19 cases

- The child(ren) will not be permitted to return to school until after 14 days have passed from the day that the child or member of the child’s household(s) returned home.
7. If the child(ren)’s parent/caregiver answers “**no**” to all three of the above questions, the Designated Staff Member will visually check the child(ren) for signs of illness, including flushed cheeks, rapid/labored breathing (without recent physical activity), fatigue, and/or extreme fussiness. If the Designated Staff Member observes any of the above signs of illness in the child, then the child **and** his/her sibling(s) will be sent home and not be permitted to return to School until:
- The child has a negative COVID-19 test; **OR**
 - A signed doctor’s note indicating that the child is cleared to return to school; **OR**
 - Until 10 days have passed since the onset of symptoms, and with no fever or symptoms in the last 72 hours.
8. If the Designated Staff Member does not observe any signs of illness, then she will screen the child’s temperature using a non-contact temporal thermometer. The Designated Staff Member will disinfect the thermometer with an alcohol-based disinfecting wipe after each use.
- a. If the School’s temperature screening indicates that the child has a fever (100.4°F [38.0°C] or higher), the temperature will be double-checked for accuracy. (To avoid the risk of an inaccurate, artificially high temperature reading, we recommend that children travel to school in an air-conditioned vehicle on warm days.)
 - b. If the second temperature screening indicates that the child has a fever (100.4°F [38.0°C] or higher), then the child will not be permitted to enter the School until:
 - The child has a negative COVID-19 test; **OR**

- A signed doctor's note indicating that the child is cleared to return to school; **OR**
 - Until 10 days have passed since the onset of the fever, and with no fever or symptoms in the last 72 hours.
9. If the School's temperature screening indicates that a child's sibling (who is enrolled in the Preschool or Infant Center) has a fever, the child without a fever also will not be permitted to attend School until the sibling has a negative COVID-19 test, a signed doctor's note indicating that the sibling is cleared to return to school, or until 10 days have passed since the onset of the sibling's fever, with no fever or symptoms in the last 72 hours.
 10. After the child(ren) have been screened for illness, according to the procedures set forth above, the Designated Staff Person will verify who will be picking up the child(ren) later, and will sign-in the child(ren) for the day.
 11. Because there will not be time for parents/caregivers to share important information about their child with the child's teacher at drop-off, we urge parents/caregivers to contact their child's teacher via email (or to contact the Director), if there is information that the child's teacher should know for the day.
 12. Hand hygiene stations will be provided at each arrival/departure location for children to use to sanitize their hands before entering the building. The Designated Staff Member will assist in this process to ensure that the children use the hand sanitizer appropriately.
 13. After a child has been signed in and escorted to their respective classroom by a teacher from their class, another classroom teacher will help the child wash their hands.
 14. Children in the Infant Center will be carried from the building entrance into the Infant Center by a staff member. No infant carriers will be permitted in the building.

Dismissal

1. At the beginning of the school year, or when a child begins attending the Preschool or Infant Center, the parents shall provide the Director with copies their drivers licenses and those of any individuals who might be picking up their child(ren) from School. The

Director will provide copies of these documents to the Designated Departure Escort (“Designated Escort”) for each class.

2. There will be a Designated Escort for each class, who will implement departure procedures for all the children in that class.
3. The Designated Escort will wash her/his hands prior to beginning dismissal procedures.
4. The Designated Escort will escort each child from the class to the arrival/departure area and then to their respective vehicle.
5. Parents/caregivers will display a sign in their cars to identify the parent/caregiver’s name and the child(ren)’s name.
6. Parents/caregivers will wait in their vehicles, in a carpool line by their designated arrival/departure location until their child(ren)’s Designated Escort brings the child(ren) to the vehicle.
7. When the Designated Escort brings their child(ren) out to the vehicle, parents/caregivers are responsible for getting their child(ren) into the car and buckling them in their car seat(s). Parents/caregivers are expected to wear masks when they get out of their vehicles.
8. The Designated Escort will use an alcohol-based hand sanitizer between escorting each child to their vehicle.

Masks and Personal Protective Equipment for Staff & Children⁵

- All Temple Sinai staff will cover their mouths and noses with a face mask or cloth face covering when indoors. When outdoors, staff will cover their mouths and noses with a face mask or cloth face covering unless the staff can ensure that they will not be within 6 feet of children or other staff.
- We will NOT put a face mask or cloth face covering on babies and children under age 2 because of the danger of suffocation.

⁵ These practices are derived from the CDC’s recommendations, as set forth in [“Guidance for Child Care Programs that Remain Open: Supplemental Guidance.”](#) last updated April 21, 2020, and guidance from the Office of Child Development and Early Learning.

- Parents must have children age 2 and older wear a face mask or face covering.
 - If a child is unable to remove the mask/covering without assistance, the child will not be required to wear the mask/covering.
 - If a child is fidgeting with the face mask/covering, staff will have the child remove the face mask/covering and will put it in a paper bag labeled with the child's name. Staff will have the child wash his or her hands after the child has been fidgeting with the mask. Staff will also notify the child's parents when children are unable to wear the masks throughout the day.
 - Priority will be placed on having children wear masks indoors and when children are more likely to be within 6 feet of other children or staff.

- Temple Sinai staff will be trained on how to properly wear and dispose of personal protective equipment, including masks, face shields, gloves, and gowns.

It is understandable that children may be afraid of face masks or cloth face coverings at first. To support our children's emotional health and comfort, we will provide parents ideas to help masks or face coverings seem less scary to their children⁶, such as:

- Putting a face mask or cloth face covering on the child's favorite stuffed animal;
- Showing picture of other children wearing face masks or cloth face coverings;
- Drawing a face mask or cloth face covering on the child's favorite book character;
- **For children under age 3**, explaining that we are all wearing masks to keep each other healthy; and
- **For children over age 3**, explaining that germs are special to your own body. Some germs are good and some are bad. The bad ones can make you sick. Because we can't always tell which are good or bad, the cloth face coverings help make sure we keep bad germs away from our bodies.

Our School staff will also:

- Provide a story book "social story" explaining with pictures what a day at school will look like that will include a virtual tour of the building and pictures of our staff wearing masks, and
- Decorate our masks so that they are more personalized and fun!

⁶ This [resource](#) from the American Academy of Pediatrics' website HealthyChildren.org has great ideas.

Healthy Hand Hygiene

We have always prioritized proper handwashing, and our hygiene practices generally remain the same as they did before the appearance of COVID-19. Those practices are detailed below:

1. Staff will wash their hands or use an alcohol-based hand sanitizer (if a sink is not readily available) at the following times:
 - Arrival;
 - After breaks;
 - Before and after preparing food and drinks;
 - Before and after eating or handling food, or feeding children;
 - Before and after administering medication or medical ointment;
 - Before and after diapering;
 - Before and after using the bathroom or helping a child use the bathroom;
 - After handling animals or cleaning up animal waste;
 - After playing outdoors or in sand from the outdoors;
 - After handling garbage;
 - After coming in contact with any bodily fluids (from themselves or a child);
and
 - After helping a child wash his or her hands.

2. Children will wash their hands or use an alcohol-based hand sanitizer⁷ (if a sink is not available) at the following times:
 - Immediately upon arriving at school;
 - Before and after eating or handling food;
 - Before and after using the bathroom;
 - After coming in contact with bodily fluids;
 - After handling animals; and
 - After playing outdoors or in sand from the outdoors.

General Hygiene Practices

As a School we will implement and educate our children about good hygiene practices that they should use in school and at home.

⁷ Hand sanitizer may not be used on infants and toddlers.

- Staff will teach and regularly reinforce practices for properly covering coughs and sneezes.
- Posters will be displayed throughout the building to help teach and remind children how to properly cover coughs and sneezes.
- To the extent feasible, staff will change a child’s clothes if spit-up or other secretions are on the child’s clothes. Contaminated clothes will be placed in a plastic bag and sent home with the child.
- Parents will be instructed to send multiple changes of clothes for their child that will be stored in the child’s classroom.
- Staff should wash any body part touched by a child’s bodily fluids.
- Staff may consider keeping their hair back and using burp clothes or other coverings as needed to reduce transfer of bodily fluids from one child to another.

Educational Spaces

Classrooms⁸

- Designated spaces throughout the building will be used as classroom spaces in order to limit exposure between classroom groupings. Each classroom space will have access to a separate set of bathrooms and a separate fenced outdoor play area. Classroom spaces may include the following areas:
 - Infant Center
 - Room 4
 - Room 5
 - Room 7
 - Room 10
 - Auditorium
 - Conference Room
 - Library

⁸ These practices are derived from the CDC’s recommendations, as set forth in [“Guidance for Child Care Programs that Remain Open: Supplemental Guidance.”](#) last updated April 21, 2020.

- Sprinklers, sand play, and water tables will be set up in outdoor spaces unique to each classroom space.
- Children will participate in art, nature, gardening, movement, singing, reading, and free-play activities throughout the day. During each of these activities, teachers will use physical distancing as much as possible to keep children separated as much as possible. For example, floor markings will be used to keep children seated at a distance for story time.
- Physical materials in the classroom will either be separated or cleaned to the greatest extent possible throughout the day.
 - The School will provide separate art supplies (e.g., crayons, markers, scissors, glue sticks) for each child.
 - Each child's art supplies will be kept in the classroom in separate bins or bags labeled with each child's name. Children will not share art supplies.
 - To the greatest extent possible, teachers will set aside toys that children have put in their mouths or coughed/sneezed on into a "yucky bin" that will be cleaned using antibacterial dish soap and water, then a disinfectant, and finally rinsed with water.
 - Cloth toys and toys that require blowing/air (e.g., whistles, flutes) will be removed from the classrooms.
 - Teachers will regularly use disinfectant wipes to wipe down toys, games, and commonly touched services throughout the day, including door handles, railings, light switches, tabletops, and chairs.
 - Toys will not be shared across classrooms.
- Teachers will take children's temperatures as needed throughout the day if children appear to be feeling ill.
- Large group activities (e.g., school-wide Shabbat) will not be held to avoid cross-classroom interactions.
- At nap time, children's naptime mats or cribs will be spaced 6 feet apart. Children will be placed head-to-toe.

Materials

- Children will be permitted to bring one bag/backpack with the following items each day. Each item must be clearly labeled with the child's name.

- Paper bag lunch (see “Meals” below for details)
 - Sippy cups and/or water bottles
 - 2-3 changes of clothes in a ziplock bag
 - Clean sheet (weekly)
 - Clean burp clothes or bibs
 - Diapers (as needed)
 - Swim diapers
 - Bathing suit (2)
 - Water shoes
 - Towel
 - Sunscreen
- No toys from home will be permitted at school.
 - Parents/caregivers of children 6 months or older should apply sunscreen to children each morning. Staff will reapply sunscreen as needed throughout the day, using proper hand hygiene before and after application on each child.

Meals⁹

- Children will bring peanut free, Kosher dairy/parve lunch and snacks to school in a labeled paper bag each day. Lunches will be refrigerated. School will provide paper supplies and utensils if needed. Staff will throw away the bag(s) after use.
- Staff will space the seats around the table to stagger children so that they are not sitting directly across from one another at the table.
- Staff will wash their hands before and after handling infant bottles prepared at home or prepared in the facility. Bottles, bottle caps, nipples, and other equipment used for bottle-feeding will be thoroughly cleaned after each use by washing with a bottlebrush, soap, and water.
- Sippy cups and water bottles will be sent home each day so that they can be properly washed at home and returned the next day.

⁹ These practices are derived from the CDC’s recommendations, as set forth in [“Guidance for Child Care Programs that Remain Open: Supplemental Guidance.”](#) last updated April 21, 2020.

- School will continue to follow all applicable federal, state, and local regulations related to safe preparation of food.

Specialist Visitors

The School will address the individual needs of children who have Individualized Education Programs (IEPs) or Individualized Family Service Plans (IFSPs) to ensure that they receive necessary educational services. The School director or her designee will work with parents and related service providers to determine the best plan for each individual student on a case-by-case basis.

- Any related service provider who does enter the school must wear a mask, use gloves if necessary, follow the School hand-washing and cleaning protocols, and remain only in the designated area in which their student is assigned.
- Each time a related service provider enters the building, the School director or her designee will ask the related service provider whether:
 - The related service provider or anyone in his or her household has/have exhibited any of the following symptoms within the past 72 hours:
 - Fever (100.4°F [38.0°C] or higher)
 - Cough
 - Shortness of breath
 - Diarrhea
 - Whether the related service provider or anyone in his or her household has had known (unprotected) exposure to someone who has tested positive for COVID-19 within the past 14 days.
 - Whether, within the past 14 days, the child(ren) or anyone in the child(ren)'s household(s) has traveled outside the country, on a cruise ship, or to one of the states identified by the Pennsylvania Department of Health as having high numbers of COVID-19 cases
- Any related service provider who has displayed symptoms of COVID-19 (e.g., fever of 100.4°F [38.0°C] or higher, cough, shortness of breath) must meet the following criteria before returning to school:

- A negative COVID-19 test;
 - A doctor’s note indicating that the staff member is cleared to return to work;
OR
 - Wait until 10 days have passed since the onset of symptoms, with no fever or other symptoms for the last 72 hours.
- If any related service provider or member of the related service provider’s household has traveled outside the country, on a cruise ship, or to one of the states identified by the Pennsylvania Department of Health as having high numbers of COVID-19, the related service provider will not be permitted to enter the School until 14 days have passed from the day that the related service provider or member of their household returned home.

Illnesses¹⁰

Illness/Stay Home Policy¹¹

- The School will communicate with parents/caregivers about the importance of children staying home when they are sick. Parents/caregivers may **not** send a child to school medicated to mask or reduce a fever.
- The School will communicate with staff about the importance of them staying home when they are sick. Staff are strongly encouraged to stay in touch with School directors to communicate if and when they begin to feel sick or exhibit symptoms of fever, cough, and/or shortness of breath.
- For children who have underlying health conditions, staff will speak with their parents about concerns or challenges that the child may experience upon returning to School.
 - For children with asthma, we will ensure that there is an asthma action plan in place and that relevant staff are trained in this action plan.
- Any child who has displayed symptoms of COVID-19 (e.g., fever of 100.4°F [38.0°C] or higher, cough, shortness of breath, or diarrhea) must meet the following criteria before returning to school:

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¹¹⁸. These practices are derived from the CDC’s recommendations, as set forth in [“When You Can Be Around Others After You Had or Likely Had COVID-19.”](#) last updated May 24, 2020.

- A negative COVID-19 test; **OR**
 - A signed doctor's note indicating that the child is cleared to return to school; **OR**
 - Wait until 10 days have passed since the onset of symptoms, with no fever or other symptoms for the last 72 hours.
- Any staff member who has displayed symptoms of COVID-19 (e.g., fever of 100.4°F [38.0°C] or higher, cough, shortness of breath) must meet the following criteria before returning to school:
 - A negative COVID-19 test; **OR**
 - A signed doctor's note indicating that the staff member is cleared to return to work; **OR**
 - Wait until 10 days have passed since the onset of symptoms, with no fever or other symptoms for the last 72 hours.
- If any staff member or member of the staff member's household has traveled outside the country, on a cruise ship, or to one of the states identified by the Pennsylvania Department of Health as having high numbers of COVID-19, the staff member will not be permitted to enter the School until 14 days have passed from the day that the staff member or member of their household returned home.
- Any child or staff member who is diagnosed with COVID-19 must tell the School staff. School staff will maintain confidentiality of the child or staff member.
 - The School will anonymously report the case to the Department of Human Services Certification Representative and to the Montgomery County Office of Public Health (610-278-5117).
 - The School will anonymously report the case to the children and staff in the classroom of the affected child or staff member, as well as the children and staff in the classroom of a sibling of the affected child or staff member.
 - If a member of the child's household(s) has a confirmed diagnosis of COVID-19, the child(ren) will not be permitted to return to school until 14 days have passed since the household member's diagnosis.

Child Illnesses During the School Day

- Any child who begins to exhibit symptoms of illness during the school day will be brought to an isolation space and the parent/caregiver will be called. The parent/caregiver should pick up the child as soon as possible.
- The isolation space will be an office or classroom space separated from the other students and staff in the building. A designated Isolation Space Staff Member will stay with the child in the isolation space.
 - The Isolation Space Staff Member will wear an N95 mask, a face shield, and gloves.
 - If there is more than one child in the isolation space and any child is age 2 or older, the children age 2 or older should also wear a mask in the isolation space.
- Any siblings of the child who is exhibiting symptoms should also be isolated from their classrooms and should be picked up by the parent/caregiver.
- After the isolation space has been used for a child, the space will not be used again for up to 24 hours, and will then be disinfected.
- The classroom of any child who becomes ill during the school day will be emptied, disinfected, and not used for at least 24 hours. The children and staff will be relocated to a different classroom in the building, still remaining separated from the other classrooms.

Staff Illnesses During the School Day

- Any staff member who begins to exhibit symptoms during the school day will go home.
- In the event of staff absences, the School will ensure that the appropriate number of staff will be available in each classroom to sustain state-mandated staff-to-child ratios, while maintaining isolation among the classrooms in the building.

Cleaning and Disinfecting Procedures

Classrooms, Outdoor Spaces, and Other Facility Locations¹²

- Throughout the day, classroom staff will regularly use disinfectant wipes to wipe down commonly touched surfaces, including toys, games, doorknobs, light switches, railings, tabletops, and chairs.
- At the end of each school day, cleaning staff will clean all classrooms, bathrooms, and common spaces using the following protocol:
 - Take out the trash
 - Vacuum carpets
 - Mop and disinfect floors
 - Clean and disinfect surfaces, including tables, chairs, counters, sinks, toilets, doorknobs, light switches, and railings
- Outdoor railings and door handles will be cleaned daily. Other outdoor playground spaces will be cleaned using electrostatic machines..
- Cleaning staff will use an EPA-registered, fragrance-free disinfectant.¹³
 - All cleaning products will be used in accordance with the product label for disinfecting surfaces.
- Cleaning staff will wear masks, gloves, and gowns when cleaning, and will thoroughly wash their hands after cleaning.

Cleaning the Isolation Space or Classrooms with a Child or Staff with Suspected COVID-19

- Wait at least 3 hours before cleaning and disinfecting to allow any respiratory droplets to settle. After 3 hours have passed, open the windows to increase air circulation and clean and disinfect all areas used by the person who was sick.

¹² These practices are derived from the CDC's recommendations, as set forth in "[Guidance for Child Care Programs that Remain Open: Supplemental Guidance](#)," last updated April 21, 2020, and "[Cleaning and Disinfecting Your Facility](#)," last updated April 14, 2020.

¹³ See <https://www.epa.gov/pesticide-registration/list-n-disinfectants-use-against-sars-cov-2-covid-19>.

Additional Resources

- [Social Distancing: Why Keeping Your Distance Helps Keep Others Safe](#)
- [Getting Children Outside While Social Distancing](#)
- [Parenting in a Pandemic: Tips to Keep the Calm at Home](#)
- [Working and Learning from Home During the COVID-19 Outbreak](#)